

Webinar

Stress – Herbal support for better clinical outcomes

Join us for an educational evening with Phil Rasmussen as he shares his extensive clinical experience around the use of tonic and adaptogenic herbs to support patients presenting with stress-related health conditions and also provides a current review of herb-drug interactions relevant to these phytomedicines.

The demands placed upon our bodies simply by living in the 21st century means that cases of adrenal stress and exhaustion are on the increase. While stress is an inescapable part of life, herbs and nutrients are valuable tools to support the body in times of stress and to aid in the restoration of balance and vitality.

Their wide-ranging adaptogenic, anxiolytic, relaxing and energising properties, are becoming increasingly better understood and validated, and they have an important role in modern Phytotherapy treatments.

Join Phil as he discusses the clinical use of key tonic and adaptogenic herbs for better patient outcomes, and shares his extensive knowledge of the potential for herb-drug interactions, both negative and possibly beneficial.



Phil Rasmussen is the founder and Technical Director of Phytomed, and an experienced phytotherapist with his own clinic in Auckland where he has practiced for 23 years.

Phil worked for more than 10 years as a pharmacist before pursuing herbal medicine, and he has had a long interest in nervous system conditions. He has undertaken research on antidepressant drugs and serotonin for a Masters degree in Pharmacology, worked in psychiatric hospitals in the UK, and established and operated for many years a herbal service in drug withdrawal at the Medical Detoxification Unit in Auckland.

Webinar | 7pm - 8.15pm Tuesday 7th November 2017

Registration Details

Three easy ways to register: Freephone 0508 749 866, Email enquiries@phytomed.co.nz or via our website www.phytomed.co.nz

INVESTMENT:	Eco friendly	Hardcopy notes
	Attend live webinar and receive digital recording and <i>softcopy</i> notes	Attend live webinar, receive digital recording and <i>hardcopy</i> notes
Practitioner:	\$24.95 (excl.GST)	\$34.95 (excl.GST)
Student:	\$14.95 (excl.GST)	\$24.95 (excl.GST)

This seminar is worth 2.5 NZAMH CPE points