PhytoMed™
medicinal herbs ltd.

Seminar | Antibiotic Resistance -
A possible role for herbs in clinical practice

Dr Siouxsie Wiles
Dr Siouxsie Wiles is an award-winning scientist who has made a career of manipulating microbes. She and her team at the University of Auckland engineer bacteria to glow to understand how superbugs make us sick and to find new medicines.

Siouxsie studied medical microbiology at the University of Edinburgh, UK and then did a PhD in microbiology at the Centre for Ecology and Hydrology in Oxford. In 2009, Siouxsie was awarded a Hecerus Fellowship from the Health Research Council and relocated to New Zealand. Siouxsie is also an enthusiastic tweeter, blogger, artist, curator and media science commentator and has won numerous prizes for her efforts, including the Prime Minister’s Science Media Communication Prize and the Royal Society of New Zealand Callaghan Medal. In 2016, Siouxsie was named a Blake Leader by the Sir Peter Blake Leadership Trust.

ANTIBIOTIC RESISTANCE:
The end of modern medicine?
Dr Siouxsie Wiles
Antibiotics are a cornerstone of modern medicine, used to treat infectious diseases and prevent infection in vulnerable patients. In 2014, the World Health Organization (WHO) described how antibiotic-resistant bacteria are present in every region of the world, including New Zealand. Within a decade, antibiotic resistance will make routine surgery, organ transplantation and cancer treatment life-threatening. WHO director general, Margaret Chan, has called this issue “...the end of modern medicine as we know it”. In her talk, Dr Wiles will introduce you to the world of infectious microorganisms, explain the growing burden they place on us here in Aotearoa New Zealand, and outline the very real threats we face from antibiotic resistance.

HERBAL ANTIBIOTICS:
Using herbs to fight infections.
Phil Rasmussen
Over the past 25 years, the landscape of antimicrobial resistance has changed considerably and a more preventive and integrative approach is urgently required to manage bacterial infections. Herbal medicine shows much potential in this area, and antibacterial activity has been shown for a large number of different phytomedicine preparations, including against antibiotic resistant microbes. Additionally, several plant extracts and phytochemicals exhibit the ability to inhibit the development of multidrug resistance, and may make useful adjuncts to antibiotic therapy. Phil will discuss some of the research into these areas, and appraise specific herbs and herbal strategies, for their potential to help reduce the strong selective pressure exerted by conventional antibiotics to promote bacterial resistance.

Dr Nicky Baillie
Dr Nicky Baillie is a registered GP and Medical Herbalist. She has been in practice for over twenty years and has a wealth of experience working with people using herbal, nutritional and mind-body medicine. She is passionate about herbal medicine, and the potential of plants to support our health.

She has also explored the role of mind and belief systems on our health and immune systems. As well as her medical degree, Nicky has a Diploma in Herbal Medicine from the Waikato Centre for Herbal Medicine, and a Diploma in Integrated Psychology (Hakomi, a form of mind-body psychotherapy). Nicky practises integrative medicine at Tonic Room in Kingsland. She also works at Integrated Health Options, a leading centre in Australasia offering intravenous Vitamin C therapy.

THE MARCH OF THE MICROBE:
Building resilience. Treating infections naturally.
Dr Nicky Baillie
Antibiotic resistance is set to become a major health crisis. Natural health professionals have valuable, unique and in some cases ancient tools to help manage the march of the microbe. It is time to bring the broad way we look at treating infections into the mainstream. How do we strengthen the ‘soil’, the immune system, our best defence against infection? How can we use herbal and nutritional support effectively when an infection has taken hold? How do we assess when it is safe to keep working with natural approaches, and when to refer on? Nicky will share a range of case studies and practical tips, exploring herbal and nutritional treatment of common infections in adults and children.
Seminar | Antibiotic Resistance - A possible role for herbs in clinical practice.

Registration Details

CHRISTCHURCH | Chateau On The Park
Sunday 30th July 2017

AUCKLAND | Novotel, Ellerslie
Sunday 6th August 2017

To Register: freephone 0508 749 866 OR email: enquiries@phytomed.co.nz

Practitioners: $90  Students: $70  prices include GST, lunch, morning & afternoon tea

Numbers are limited so please book early to ensure your space. Registrations cannot be accepted on the day and refunds are not available.

PROGRAMME

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<td>Registration</td>
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<td>9.30am – 10.45am</td>
<td>Dr Siouxsie Wiles</td>
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<td>Morning tea</td>
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<td>11.15am – 12.45pm</td>
<td>Phil Rasmussen</td>
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This seminar is worth 9.5 NZAMH CPE points